

## *New Parent Support Program*

BLDG 1438 | 760-830-7622

The New Parent Support Program (NPSP) provides services to parents with children five years old and under. The NPSP conducts home visits and teaches Baby Basics as well as Nurturing Parenting classes. The program helps soon-to-be, new and even seasoned parents improve their parenting skills, under the careful guidance of licensed providers.

### *12 Steps to NPSP*

- Prepare for parenthood
- Become more confident as a parent
- Understand the ages & stages of your child's development
- Develop a support system
- Manage stress
- Improve communication
- Develop common ground with your spouse regarding parenting
- Improve your relationship with your children
- Develop new friendships
- Make parenting fun
- Be a better parent
- Feel more at home in the military community

## *Sexual Assault Prevention & Response*

VILLAGE CENTER | BLDG 1551 | RM 86 | 760-830-7118

The Sexual Assault Prevention and Response (SAPR) Program addresses specific needs for victims of sexual assault. The SAPR Program serves as the single point of coordination for sexual assault prevention annual trainings and all sexual assault response actions aboard MCAGCC.

- Restricted and Unrestricted Reporting Options
- 24/7 Victim Advocacy Services (Uniform and Civilian)
- Medical, Investigation and Legal Process Accompaniment
- Counseling Referrals
- 24/7 Sexual Assault Hotline - 760-799-0273



[MCCS20Palms.com](http://MCCS20Palms.com)

# *Behavioral* HEALTHBRANCH



The Behavioral Health Branch (BHB) is committed to ensuring the mental wellness of our Marines, Sailors and their families. Our mission is to provide evidence based prevention and intervention techniques, focusing on a holistic approach to include mind, body, spirit and social aspects of one's life, in order to enhance the readiness of the Marine Corps.

### *Sections Include:*

- Community Counseling Center (CCC)
- Family Advocacy Program (FAP)
- Substance Abuse Counseling Center (SACC)
- New Parent Support Program (NPSP)
- Sexual Assault Prevention and Response (SAPR)



## Community Counseling Center

BLDG 1438 | 760-830-7277



The Community Counseling Center offers counseling to Marines, Sailors and their family members, including children and teens. Our goal is to educate individuals on how best to address significant life issues in their earliest stages, before they escalate into more serious problems.

- Interpersonal relationships
- Marital problems
- Dealing with stress
- Adjustment issues
  - New to the USMC
  - Blended Families
  - Deployment Stress
  - Divorce
- Parenting skills
- Grief and loss
- Difficulties with transition
  - PCS
  - Retirement

## Family Advocacy Program

BLDG 1438 | 760-830-6345

The Family Advocacy Program (FAP) assists commanders by providing prevention classes and briefs aimed at stress reduction, improved marital communications and parenting skills. When domestic or child abuse has already occurred, FAP will offer victim advocacy services and interventions designed to provide support for victims of abuse and reduce the risk for repeated incidents.

- Domestic Abuse
- Child Abuse/Neglect
- Victim Advocates
- Prevention and Education (P&E) Classes Training

## Substance Abuse Counseling Center

BLDG 1437 | 760-830-7501



The Substance Abuse Counseling Center (SACC) provides services for issues pertaining to substance use disorders. Our services are safe, effective and client-centered, and include prevention, education, screening and treatment. SACC's goal is to provide the best quality care, in the most efficient manner.

- Early Intervention (EI)
- Outpatient Services (OP)
- Intensive Outpatient Services (IOP)
- Drug Demand Reduction (DDR)
- Prevention and Education (P&E)