Provides *EXPECTANT* parents with an understanding of their newborn infant’s world and basic skills necessary for transitioning into parenthood. Learn from “hands-on” practices to assist in making informed, responsible decisions about caring for your newborn.

**TOPICS**

- **POSTPARTUM**
- **PERIOD OF PURPLE CRYING**
- **SHAKEN BABY SYNDROME (SBS)**
- **SUDDEN INFANT DEATH SYNDROME (SIDS)**
- **BASIC INFANT CARE**
- **BABY SAFETY**
- **PARENTAL SELF-CARE**

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