EVERY TUESDAY • 11AM - 12:30PM
FAMILY ADVOCACY PROGRAM CLASSROOM (BLDG. 1438)

GROW PARENTING PROGRAM

1. Positive Parenting Practices

2. Parent and Child Stress Management

3. Physical Health Promotion

Grow Face to Face Parenting Program is designed for parents with children 5 - 10 years old.

THIS PROGRAM AIMS TO ENHANCE PARENTING IN 3 AREAS THROUGH:

- GROUP DISCUSSION
- ACTIVITIES
- SKILLS PRACTICE

Participants attend 5 weekly, 90 minute sessions that follow a video-based curriculum and include examples of everyday parenting interactions.

For more information or to register, call 760.830.6345/4950 or visit MCCS29Palms.com.