YOUTH SPORTS HOME SCHOOL  AGES 5-17  GRADES K TO 12
PHYSICAL DEVELOPMENT PROGRAM

STARTS JANUARY
1:30 - 2:30PM, COMMUNITY CENTER (BLDG.1004)
2020 SESSIONS (MEETING TWICE PER WEEK)

- PHYSICAL DEVELOPMENT INSTRUCTION
- FOOD JOURNALS & HEALTH EDUCATION
- BASKETBALL
- FIELD HOCKEY
- ARCHERY
- YOGA & MEDITATION
- DRAMA & THEATER
- BASEBALL
- BIKE MAINTENANCE & RIDE
- TENNIS
- JTRNP HIKE
- TRACK & KAYAKING

*Schedule is subject to change

THIS PROGRAM WAS DESIGNED WITH HOMESCHOOL CHILDREN IN MIND. IT WILL PROVIDE A QUALITY PHYSICAL DEVELOPMENT CURRICULUM WITH ACTIVITIES TO GET YOUR KIDS OUT AND ACTIVE. OPEN TO AGES K THROUGH HIGH SCHOOL. COST $39.

760.830.3910 mccs29palms.com

Semper Fit welcomes authorized patrons of all abilities. If you would like assistance, please contact the West Gym for assistance.