

MCCS



MARINE CORPS FAMILY TEAM BUILDING

2012 MCFTB Workshops

1st Quarter

January Schedule:	Time:	Topic:
10 th - 11 th	5 p.m. - 8 p.m.	Family Readiness Volunteer
19 th	9 a.m. - 4 p.m.	Family Readiness Volunteer
20 th	4 p.m. - 9 p.m.	L.I.N.K.S. for Teens
24 th	8 a.m. - 5 p.m.	L.I.N.K.S. for Spouses
25 th - 26 th	8 a.m. - 12 p.m.	7 Habits of Highly Effective Military Families
27 th	9 a.m. - 11 a.m.	L.I.N.K.S. Open House
February Schedule:		
2 nd	10 a.m. - 12 p.m.	Four Lenses Workshop
7 th - 8 th	9 a.m. - 12 p.m.	Family Readiness Volunteer
7 th	6 p.m. - 8 p.m.	Conflict Management
8 th - 9 th	5 p.m. - 9 p.m.	L.I.N.K.S. for Couples
21 st and 23 rd	6 p.m. - 9 p.m.	L.I.N.K.S. for Mentors
25 th	9 a.m. - 4 p.m.	Family Readiness Volunteer
March Schedule:		
6 th and 7 th	5 p.m. - 8 p.m.	Family Readiness Volunteer
13 th and 14 th	8 a.m. - 1 p.m.	L.I.N.K.S. for Spouses
13 th	6 p.m. - 8 p.m.	Four Lenses Workshop
17 th	9 a.m. - 4 p.m.	Family Readiness Volunteer
20 th	6 p.m. - 8 p.m.	S.O.S. Safe and Sound at Home
23 rd	8 a.m. - 12 p.m.	L.I.N.K.S. for Marines
29 th	10 a.m. - 12 p.m.	5-Love Languages



FIND US ON FACEBOOK!
[FACEBOOK.COM/MCCS29MCFTB](https://www.facebook.com/MCCS29MCFTB)

For more information & to register,
MCFTB29.com • 830-3110

FOUR LENSES WORKSHOP

Discover how our different personality temperaments compliment and balance one another in all personal and professional relationships. Open to individuals, couples, active duty and or spouses.

5 LOVE LANGUAGES WORKSHOP

Discover the path to more loving, effective communication between you and your partner. Using Dr. Gary Chapman's book, "The Five Love Languages", couples will learn how they love and how their spouse loves. Open to individuals and couples.

PREVENTION AND RELATIONSHIP ENHANCEMENT PROGRAM (PREP)

Dedicated to improving marriages by providing valuable education that gives partners the knowledge they need to develop and maintain a healthy and loving relationship.

P.I.C.K. WORKSHOP

PICK is based on the premise that there are five attaching forces which create the feeling of attachment in every relationship. This research –based program asserts strong, lasting marriages are founded on these five dynamics and guides learners through the healthy progression of these steps. This workshop will provide a detail framework for choosing a lasting relationship.

FAMILY READINESS VOLUNTEER TRAINING

Training offered to family members who would like to volunteer as a Unit Family Readiness Advisor or Assistant. Also open to family members who would like to learn more about the Family Readiness Program.

7 HABITS OF HIGHLY EFFECTIVE MILITARY FAMILIES

Based on the original principle of Stephen Coveys 7 Habits of Highly Effective People, the 7 Habits of Highly Effective Military Families workshop will offer military families the opportunity to apply these same principles to their military lives. By developing common goals, setting priorities and learning to communicate and work as a team, families will establish pathways for success.

S.O.S. (SUPPORTING OUR SPOUSES) WORKSHOP

A base wide forum for service members and their spouses to gain a greater understanding of themselves and the resources that MCAGCC 29 Palms, MCCS, and the community have to offer. Each workshop will cover one of the following topics—Communication, Safe & Sound at Home, Combat Operational Stress, Casualty Assistance, Financial Planning and Coping with Deployment.

L.I.N.K.S. WORKSHOPS

This program focuses on the information to all Marines and family members on the resources available and methods for meeting the challenges of the military lifestyle. Sessions are available for Marines, spouses, children, teens, and parents /extended family members.

L.I.N.K.S. FOR MENTORS

The program focuses on training L.I.N.K.S mentors to teach and facilitate L.I.N.K.S. workshops.

Contact the MCFTB to pre-register by calling 760.830.3110 or utilize our online registration process at MCFTB29.com or MCCS 29 Palms Marine Corps Family Team Building Facebook page. Child care will be available to registrants a minimum of seven (7) business days prior to the class.



FIND US ON FACEBOOK!
[FACEBOOK.COM/MCCS29MCFTB](https://www.facebook.com/MCCS29MCFTB)

For more information & to register,
MCFTB29.com • 830-3110